



ABBA FATHER: ACCESS THROUGH THE CROSS

Mark 14:35-38 NLT

He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. [36] **"Abba, Father," he cried out, "everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."** [37] Then he returned and found the disciples asleep. He said to Peter, "Simon, are you asleep? Couldn't you watch with me even one hour? [38] Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak."

INTRODUCTION

Today, we stand at the cross of Jesus Christ.

A place of:

- suffering
- sacrifice
- redemption

But there is one mystery many overlook... In His deepest agony, Jesus cried: "Abba, Father..." Not "God"... Not "Lord"... He said **ABBA**.

1. ABBA IN THE PLACE OF PRESSURE

In the garden:

- He was in distress
- He was about to carry sin

Yet He said: "Abba, Father..."

The True Revelation: Your true spiritual level is revealed by how you address God in crisis.

Many run from God in pain...Jesus ran to the Father.

"Father" can describe a position

"Abba" describes a relationship

- **Someone can be a father by title**
- **But not be Abba in intimacy**

2. THE CROSS DID NOT BREAK THE RELATIONSHIP

At the cross (Luke 23:46): *Luke 23:46 NLT* Then Jesus shouted, "Father, I entrust my spirit into your hands!" And with those words he breathed his last. **"Father, into Your hands I commit My spirit."**

Even in suffering:

- He trusted
- He surrendered

The True Revelation: Pain did not cancel sonship. The cross proved that pain does not cancel sonship—it reveals it. *Romans 8:17* "...if indeed we suffer with Him, that we may also be glorified together." Suffering does not cancel our identity - it confirms our place as children of God.

3. THE CROSS GIVES YOU ACCESS

Romans 8:15 NLT - So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father."

"We cry, Abba, Father."

👉 Before: Distance

👉 After:

- Access
- Intimacy
- Sonship, and this is the power of Good Friday.
- The cross is not only about death...
- It is about a relationship restored.
- 👉 Because He said **Abba**

- 🙏 You can now say **Abba**

PROPHETIC PRAYER SESSION

Father, in every trial, I will trust You. I commit my life into Your hands. Give me strength to stand.

1. Speak confidently:

1. I am a child of God

2. I have access to the Father

3. I walk in divine intimacy

4. My prayers are heard

5. My relationship with God is restored through the cross

TRANSITION INTO COMMUNION (VERY IMPORTANT)

Church, in the garden, Jesus said:

Mark 14:36 "Abba Father... take this cup away from Me...". But He did not walk away from the cup. He accepted it.

Because that cup was not just suffering...

🙏 That cup was judgment

🙏 That cup was sin

🙏 That cup was separation

He drank the cup of suffering... So that today... We can drink the cup of salvation.

THE CUP = ACCESS TO THE FATHER

- In Gethsemane: The cup = suffering
- At the Table: The cup = covenant 1 Corinthians 11:25: This cup is the new covenant in My blood..."
- "The same cup He feared... became the cup that saved you."

THE BODY = RESTORED RELATIONSHIP

His body was broken - So your relationship could be restored

👉 This is not just forgiveness... 👉 This is adoption

🔥 Tie to your message:

"Because He said 'Abba' in suffering... you can say 'Abba' in intimacy."

🍞 Take the Bread

"This represents the body of Christ...

broken for you...

Because of this... You are no longer separated. You are brought near.

👉 Take and eat—with understanding."

Take the Cup

- "This cup represents the blood of Jesus...
- He drank the cup of suffering...
- So you can drink the cup of salvation.

👉 Take and drink—with gratitude."

PROPHETIC DECLARATION DURING COMMUNION

Declare slowly:

- I am no longer distant from God!
- "I have access to the Father!"
- I am a child of God!"
- "I cry Abba, Father!"
- "My relationship with God is restored!"

The cross gave you access...but the table reminds you that you belong."